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Financial Secretary	Ken Romano
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Public Relations	Eric Fleisch
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 Assistant Dock Master: Tim Sargent
 Secretary: Nick Kantzas
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LADIES AUXILLARY

President Joanne Guaglione
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 Financial Secretary Marian Barbieri
 Treasurer Maria Chuhta
 Recording Secretary Marie Mappa (Temp)
 Corresponding Secretary Barbara Antonelli
 Sergeant at Arms Gina Arena
 Public Relations Christine Chisholm

BOARD OF DIRECTORS

Chairman of the Board, Patty Murphy
 Vice Chairman, Mary Sue Skrensky

BOARD MEMBERS

Mary Ann Cappuccia
 Marie Mappa
 Maria Vozzo

EVENTS

OCTOBER

- 5 Men's Meeting 8:00pm till it's over
- 6 Ladies Meeting 7:30pm till it's over
- 8 Saint Ann's Community Dinner 7:00pm till 10:00pm
- 10 Columbus Day...All Day
- 14 Saint Ann Pizza Party 6:30pm till 8:30 \$10.00
- 16 Ladies Tea Party 1:00pm till 4pm \$20.00
Contact Toni Wallace 203-984-2930
- 20 Ladies Dinner 7:30pm till 9:30pm \$25.00
- 22 Private Party 7:00pm till 12:00am
- 24 Ladies Auxiliary Blood Drive 11:00am till 4:00pm
- 26 Men's Dinner 7:30pm till 9:30pm \$30.00
- 29 Saint Ann Halloween Party 7:30pm till 10:30pm
\$ cost to be determined \$
- 30 Saint Ann's Kids Trunk or Treat Halloween Party
11:00am till 2:00pm

NOVEMBER

- 2 Men's Meeting 8:00pm till it's over
- 3 Ladies Meeting 7:30pm till it's over
- 4 Ladies Auxiliary Blood Drive
8:00am till 1:00pm
- 5 Private Party 7:00pm till 11:00pm
- 6 Eastern Standard Time Begins
Turn clocks back one hour!
- 11 Veteran's Day...All Day
- 17 Ladies Dinner 7:30pm till 9:30pm \$25.00
- 20 Saint Ann's Holiday Fair 9:00am till 3:00pm
- 24 Happy Thanksgiving Gobble-Gobble
- 30 Men's Dinner 7:30pm \$30.00

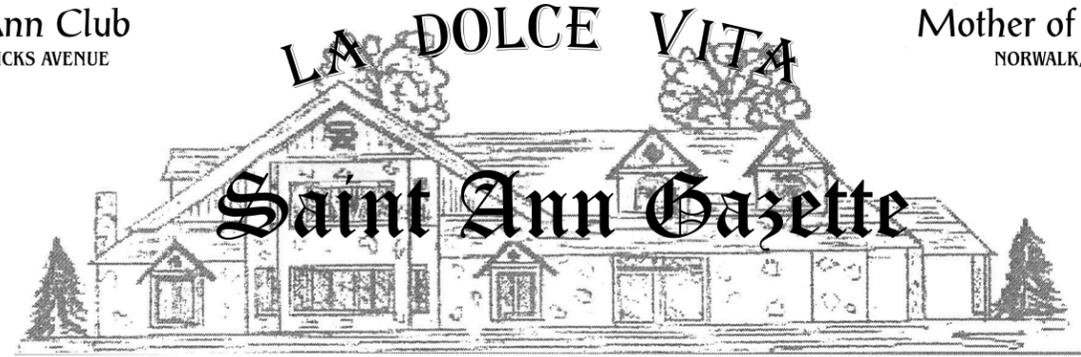
DECEMBER

- 1 Ladies Meeting 7:30pm till it's over
- 3 Private Party (Our Vision) 7:00pm till 11:00pm
- 5 Ladies Auxiliary Blood Drive 12:00pm till 5:00pm
- 06 Private Party (Senior Center Luncheon)
12:30pm till 4:00pm
- 07 Men's Meeting 8:00 till it's over
- 10 Children's Christmas Party 1:00pm till 4:00pm
- 11 Private Party (Air Solutions) John DiCamillo
7:00pm till 11:00pm
- 14 Ladies Christmas Party 7:30pm till 10:30pm \$10.00
- 17 Men's Christmas Party 7:00pm till 11:00pm \$10.00
- 25 Merry Christmas to All and to All a Good Night!!
- 27 Ladies Auxiliary Blood Drive 12:00pm till 6:00pm
- 31 Happy New Year!!

TIMES AND DATES MAY BE SUBJECT TO CHANGE

Saint Ann Club
 16 HENDRICKS AVENUE

Mother of Mary, Inc.
 NORWALK, CT 06851



October - November - December - 2022

PUBLISHED QUARTERLY

WWW.STANNCLUB.ORG

FROM THE PRESIDENT

Fall greetings to the St. Ann membership – hope everyone had a great summer. As I write my last addition to our newsletter as president, I would like to thank everyone that helped and supported me in this challenging and rewarding role in the club. Thank You!

Wow that was a quick summer! Nothing better than late sunsets, warm weather, seeing the marina full and the weekly backdrop of women's bocce at the club.

The St. Ann's Feast was another great success. Thanks to Pat Mobilio and his team, and all the many, many great hard-working, dedicated volunteers. The St. Ann's mass was inspiring and joyful. I hope that everyone can make it to mass next year, I am sure you will be glad you attended. For me, it was an honor to represent Tony Cappuccia as "Grand Marshall" at the feast. I am sure Tony was there with us and he was definitely on the minds of everyone I had the pleasure of talking to at the feast.

Fall is always a great time of the year as we come back to ladies and men's dinners, Columbus Day celebration, and many other great events. Nothing says fall in Norwalk like the Oyster Festival. I was grateful that St. Anns could return to this community event. Although not having our famous Pizza Fritta operation, but just having a presence was important and lots of fun! What a great time and very special thanks to all that made it happen. The meatball sliders were great!

This newsletter also welcomes in the winter and the holiday season. All the Christmas activities and New Year's Eve make St. Ann a special place. The club really embodies all the holidays representing friends, family, and celebration.

Have a great fall season and enjoy all that it has to offer.
 Thank you again!

- President Vinny Scicchitano

FROM THE LADIES AUXILIARY

Greetings, Fall is here and we move forward to our Fall and Winter events. I hope everyone is doing well. Let me first say Thank You to all for the hard work and time at our Feast, without all our volunteers there would be no feast. From what I hear we did well considering how hot it was. Thank You Mike and Jen for the great night at the appreciation dinner, everyone seemed to have a great time and the food was great as well. Thank You to Camille for putting the trip to Ferragosto together, everyone enjoyed eating and shopping through the afternoon. The Ladies Christmas Party is planned for Dec. 14th and invitations will be mailed soon to members only. Our Holiday Fair is also moving forward. Vendors are welcome please contact Patricia Murphy 203-981-6613 or Virginia Tartaglia 203-252-0082. It will be held Sunday November 20th. Our dinners have started and more events are coming. Hope to see everyone soon. Happy Holidays to all, stay well.

- Jo Anne Guaglione

SOME HIGHLIGHTS FROM MENS MEETINGS MINUTES 1950-1964

The ledger book that was used to record the minutes of the Men's Meetings from 1950 through 1964 was recently discovered at the club. I thought it would be interesting to print some of the highlights. Most of the entries are mundane, but I will select the more memorable ones and any that mark important decisions for our club. There will not be room in one newsletter for all of them so look for future installments.

April 1950. A motion was passed that St. Ann have some sort of Feast the week of July 26th. The President, Victor Camarota, appointed Tony Cardillo, Herman Oman, Martine Russo and Daniel Caruso to get the ball rolling. Expenses for April \$279.73, income \$287.70, net profit \$7.97. It was further agreed that a \$5.00 donation be made to The Gaylord Sanatorium.

October 1950 through October 1952 is all recorded in Italian. Interesting enough, and if I had to guess, I would say that perhaps English is not the first language of the Recording Secretary.

March 1953. Motions made and seconded; \$5.00 donated to American Red Cross, no more sick benefits to those members that are sick at home and that we send flowers only to members sick in the hospital. President Louis De Pietro appoints Andrew Caruso as Feast Chairman.

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POINTS ON BEING A GOOD CLUB MEMBER

You're a member of an RC, Social or Non-profit Club. You want to be a good club member, so what do you do?

Here are ten qualities of a great club member.

Contribute Your Unique Skills – You all came together with a common interest or passion. But each of you also has unique skills and back-grounds. Are you a finance person? Have excellent webmaster skills? An awesome fundraiser? Use your skills to enhance the Club. Utilizing your skills can also significantly reduce the Club's operating costs, leaving more funds for the core mission.

Be Positive – Always have the betterment of the Club in mind. When you question something, do it towards improvement or change. Nobody likes a complainer. Remember, if members push collectively in a positive direction, others will gladly join in; offer positive feedback. Question positively.

Respect - Respect the mission of the Club. Respect the officers (remember they are probably volunteers contributing their talents and unique skills). Everyone joined the Club for a reason, so don't stray too far from that collective mission.

Communicate with Confidence - Great team players communicate their ideas honestly and clearly and respect others' views and opinions on the team. Clear, effective communication done constructively and respectfully is the key to getting heard.

Trust but Verify – We continuously see the news on the latest club fraud. As a club member, you do have a responsibility to understand and question the finances. Pay attention during the Treasurer's report! Everyone has a responsibility to make sure the Club's finances are appropriately controlled and spent.

Positively Build your Club's Community – Create a welcoming club. Members are typically on different journeys with their skills or desires. Help these club members grow and advance in the Club. Be a bridging vs. an exclusive Community.

Teach - Grow the members' skills. Perhaps you understand the technical side of the things, or whatever your unique talent is, actively help the membership.

Embrace all your Stakeholders – Understand how your Club can mutually benefit and contributes to your stakeholders, be they your local community, close neighbors, or a broader group or organization. Be a good citizen, and things will be much easier.

Consistent and Reliable – Displaying genuine commitment and reliability is a great way to drive your Club forward. Create positive relationships within your Club and do this consistently.

Reliable Volunteer – Don't be the volunteer that never volunteers! They volunteer in name but never show up. When you volunteer, do more than asked, adapt quickly and easily, come with a 110% commitment to getting things done. Remember, you are either part of the problem or the solution, don't be a problem.

Embrace these attributes, and there is no doubt that your Club will move forward. Maybe incorporate these operating principles into your charter or bylaws. That may be a subtle way of building these attributes into your Club's culture.

CHILDRENS TRUNK OR TREAT HALLOWEEN PARTY

To be held October 30th from 11:00am till 1:00pm. We need people to decorate their cars and we **NEED CANDY DONATIONS.**

RSVP to: Maria Vozzo: Maria12974@sbcglobal.net or 203-722-3220 on or before October 22nd.

CHILDRENS CHRISTMAS PARTY

To be held Saturday December 10th 1:00pm till 4:00pm. Children and Grandchildren 8 years and younger, accompanied by two adults only.

RSVP on or before December 3rd. (See above)

HOW DONATING BLOOD HELPS

BLOOD DRIVES AND HOW THEY HELP

You may not realize it but when a single pint of blood is donated it will probably help more than one person. To date, blood donated at our club has helped more than 750 people, I call this **AMAZING!**

One pint of blood can save up to three lives. Healthy adults who are at least 17 years old, and at least 110 pounds may donate about a pint of blood - the most common form of donation - every 56 days, or every two months. Females receive 53 percent of blood transfusions; males receive 47 percent.

About 1 pint is given during a donation. Only 7% of people in the U.S. have the universal blood type, O negative. The Red Cross began collecting blood donations for patients in 1940. Blood donors can give every 56 days. Platelet donors can give every 7 days. The Red Cross holds about 500 blood drives every day.

Blood donation is a very important part of healthcare. Doctors around the world use blood transfusions to save lives. Every year, people donate over 100 million units of blood. Adults have around 10 pints of blood in their bodies.

Other Lesser Known Facts about Blood Donation:

Remember, the O-negative blood carriers are universal donors and their blood can be provided to people of any type. This is because of this reason that this blood type is required in the emergencies before knowing the blood type of patients and newborns those who need blood urgently. On the other hand, there are only 0.4% people in our country with AB type of blood. They are the universal donors of plasma. This again is usually used in emergencies for patients, as well as newborns.

Whose Lives can you save?

So, you might be wondering how a single donation can save three lives, aren't you? Well, your one unit of blood will be separated into three of its primary components, namely, red blood cells, plasma, and blood platelets. Thus, your blood can save the life of the following patients in need:

Accident Victims:

As mentioned earlier, the accident victims would need ten units and sometimes, up to fifty units of blood. And every year, it has been found that nearly half of the accident victims are found to have serious injuries that need to be treated. And every year, these numbers are dramatically increasing. Therefore, your blood that was donated will help save up to three of them.

Organ Transplant Recipients:

Those people who are receiving organ transplants would require varying levels of blood. Out of all, the liver transplant recipient would require the highest (up to fifty units).

Trauma Patients:

Remember, bleeding after an accident or injury is found to be the cause of over two million deaths every year across the globe. If the patients are given timely attention to the loss of blood, their lives can be saved. In general, the trauma patients would need up to fifty units of red blood cells alone and some additional units of plasma and platelets.

Bone Marrow Transplant Recipients:

These days, bone marrow transplants are being carried out to cure a number of diseases. It has been found that a bone marrow transplant can cure even your immune deficiency disorders and cancers. Such vital transplant procedures would need up to twenty units of red blood cells and twenty-five units of platelets. As you see, it would take fifty different people to provide sufficient quantity of blood to save one life in the cases of major accidents and trauma. Therefore, come forward and be a generous blood donor to save our fellow people.

KUDOS TO CHRISTINA KANTZAS for her unrelenting and indefatigable effort to further this worthy cause. (See preceding article)

NEW MEMBERS MEN

Konstantinos Gus Bistolas sworn in at the August 3, 2022 men's meeting. Sponsored by Walter Cerretani. Gus was born in Athens Greece.

He lives in Norwalk. Occupation is in Finance.

Ernie Marsan sworn in at the September 7, 2022 men's meeting. Sponsored by Ken Romano. Ernie was born in Norwalk and has two sons that are also members, Nick and Steven. He lives in Shelton and is in sales working for Home Depot.

Joseph B. Fitzharris sworn in at the September 7, 2022 men's meeting. Sponsored by Jay Reed. Joe was born in Ohio and lives in Norwalk. He is a retired Physician from the US Army.

LADIES AUXILIARY NEW MEMBERS

The Ladies' Auxiliary have interviewed and are prepared to swear in the following new members this Fall:

Carole Hendrickson was sponsored by Anita Johnson. She was born in Brooklyn and moved to Westport in 1986 with her husband and two sons. She has been a realtor for almost 30 years and is presently with William Raveis in Westport. Recently widowed, she has 2 beautiful grandchildren - Maisie 6 and Mason 1-1/2 – who are a blessing to have nearby.

Dana Freeman (soon to be Dana Slanzi) was sponsored by Jennifer Veno. Dana has lived in Norwalk for almost 25 years and grew up right over the border in Westchester. She has been heavily involved with community outreach and volunteers for several local organizations. Dana currently works at the Financial Accounting Foundation in the Public Relations department. She will be marrying St. Ann member John Slanzi in October of this year at the Club and looks forward to becoming part of the St. Ann's community. Congratulations to John and Dana!

Linda Rodriguez is being sponsored by Pat Moasio. Until recently, Linda lived her entire life in the Port Chester/Rye Brook area, working for PepsiCo Inc in finance for 37 years before retiring. Being part of a large Italian family, she has now moved to Norwalk to be closer to her grandchildren. Linda was always taught to give back to her community and feels she can do that by becoming a member of St. Ann's.

Debbie Fitzharris is being sponsored by Susan Reed. Debbie has been a lifelong resident of Norwalk but has lived all over the world. Debbie graduated from Norwalk High School and went on to Western Connecticut State University. Soon after she married Joe, whose career was a life of service in the Army and Debbie traveled the world with him and their family for over 30 years. She is now happy to be back in Norwalk with her parents and friends.

Janice Falbo is being sponsored by April Yoder. Many of you already know Janice who has been previously a member for many years. Janice and her family live in Norwalk and she works as a Dental Assistant. We are very happy to have her back in our Saint Ann Family.

PLEASE READ

Anyone wishing to contribute to this newsletter is encouraged to do so. Please contact Eric Fleisch at 203 847-7669 or by e-mail at bige101@optonline.net. The next edition will be sent on or about January 1, 2023

If you know any member that is sick or hospitalized, please bring it to the attention of the Board of Directors or Eric Fleisch at 203 847-7669 or by e-mail at bige101@optonline.net. For the ladies contact Barbara Antonelli at 203 866-3953. A gift basket and card will be sent. If anyone knows of an auxiliary member who has been permanently placed in a nursing home, please contact Betty Brink with the information at 203 847-8133. We would like to keep in touch with them by sending a card.